

LEVEL 2 COURSE

‘FINISHING’

Level 2 focuses on mastering the art of FINISHING. You’ll build a strong foundation in various finishing techniques, including:

- Regular Layups
- Same-hand, same-foot finishes
- Euro steps
- Veer finishes
- Different gathers

[Learn More](#)



FINISHING

Master the different types of FINISHING in 10 sessions! Progress depends on individual adaptation and dedication

CHANGE OF DIRECTION LEVEL 2

[COD PHASE 1 PT. 1](#)

[COD PHASE 1 PT. 2](#)

[COD PHASE 1 PT. 3](#)

[COD PHASE 3 PT. 1](#)

[COD PHASE 2 PT. 1](#)

[COD PHASE 2 PT. 2](#)

[COD PHASE 2 PT. 3](#)

BALL & FOOT COORDINATION LEVEL 2



BALL & FOOT
LEVEL 2
PHASE 1

[LINK](#)



BALL & FOOT
LEVEL 2
PHASE 2

[LINK](#)



BALL & FOOT
LEVEL 2
PHASE 3

[LINK](#)

FINISHING

[REGULAR LAY](#)

[SAME HAND SAME FOOT](#)

[FLOATER REGULAR](#)

[FLOATER SHSE](#)

[FLOATER EURO](#)

[VEER](#)

[HIGH, LOW, TUCK](#)



FINISHING

[Pound jab SHSE](#)

[Pound jab Regular lay](#)

[Pound jab floater](#)

ABOUT OUR PROGRAM

This comprehensive program focus on one specialized workout per level. Upon completing all 6 levels, you'll graduate to our ALUMNI program, where you'll gain access to an exclusive advanced training regimen

Each level culminates in a thorough evaluation and exam on the last day of training. Not all students may advance to the next level, as proogression is based on individual performance.

Our goal is to provide a supportive environment where students can grow, learn and thrive.

Course goals - Our ultimate goal is succesfully complete all 6 levels of our program, unlocking the exclusive opportunity to join esteemed ALUMNI GROUP.

